

# Select Board Meeting

Wednesday July 21, 2021 6:30 P.M. (T.C.O.)

Members: Ken Adams Jr., Earl Domin Jr., Kevin Leavitt

Guests: Cathy Mander Adams (T.C.), Rob Moore (LCPC),  
Jay Murphy

Call to order 6:42 P.M.

Adjust agenda - move review/revise Town  
Purchasing policy ahead of Town Highways

Review minutes

Motion: Kevin, Ken<sup>2</sup> - To accept meeting minutes  
of 7/7/21 as written.

Motion: passed

Receive / Act on Town board orders

Review/Revise Town purchasing policy -

Discussion led to updating the policy with  
a draft to be worked on by Rob Moore (LCPC)  
and Ken. Also possibly collaboration with Town's  
Attorney. Draft to be ready for review/Approval  
next meeting.

Town Highways - updates Kevin (R.C.) - grading,  
mowing, etc on hold until FEMA projects completed.

~~Discussion use of Funds received~~  
above costs of FEMA work be used to complete  
segments beyond specified areas of work.

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Motion: Earl, Ken<sup>2</sup> - To authorize Road Commissioner (Kevin) to make reoccurring purchases for additional work in conjunction with the FEMA Halloween Storm Projects.

Kevin recused himself

Motion: passed Ken, Earl - Yes Kevin abstained  
Rob - Grantin Aid FY 21 site chosen FY 22

Grant undecided

- Shared a colleague at LCPC was arrangedly engineer to do preliminary study on Basin Rd bridge
- Better Roads Grant - Bog Rd <sup>(RFP)</sup> Drafts to be ready for review next meeting

### FEMA flood hazard map comments

FEMA asking for comments on watershed study (Lanville River) which can have influence on flood hazard maps for the town

Rob LCPC to follow upon

Board signed contract with Matt Gillilan for Bog Rd. FEMA Project.

Rob Left 9:17 p.m.

### Town Appointments -

Motion: Kevin, Ken<sup>2</sup> - To appoint the appointed Town officials as discussed,

Motion: passed

Signed appointments



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Town clerk's Report - mail / Action Items

Signed Sheriff's Dept. contract (dispatching)

motion Kevin, Earl<sup>2</sup> - To sign pre-buy contract for 21/22 heating season with Jack F Corse Fuels in the amount of 550 gal. at \$2.749 per gal.

motion: passed

Continue Zoom account for time being

Town buildings / Grounds moved to next meeting.

Other business / public comment - none

motion: Ken, Kevin<sup>2</sup> - To adjourn at 10:05 pm

motion: passed

Adjourn 10:05 pm

# Chapter 10 - The Nervous System

The nervous system is the body's communication system.

It consists of the brain, spinal cord, and peripheral nerves.

The brain is the central control center.

The spinal cord carries messages between the brain and the rest of the body.

Peripheral nerves connect the brain and spinal cord to the rest of the body.

The nervous system is divided into the central nervous system (CNS) and the peripheral nervous system (PNS).

The CNS includes the brain and spinal cord.

The PNS includes all other nerves.

The PNS is further divided into the somatic nervous system and the autonomic nervous system.

The somatic nervous system controls voluntary movements.

The autonomic nervous system controls involuntary functions.

The autonomic nervous system is divided into the sympathetic and parasympathetic systems.

The sympathetic system is the 'fight or flight' response.

The parasympathetic system is the 'rest and digest' response.

The nervous system is essential for all bodily functions.

It allows us to sense our environment and respond to it.

Without the nervous system, we would be unable to move or think.

The nervous system is a complex and fascinating system.

It is the foundation of all our thoughts and actions.

Understanding the nervous system is key to understanding the human body.

It is a system that is constantly working to keep us alive and healthy.

The nervous system is truly one of the most amazing systems in the world.

It is a system that has evolved over millions of years to help us survive.